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IHRM: C00259 NITA: NITA/TRN/1234

TEAM BUILDING FACILITATOR CERTIFICATION (TBFC) TRAINING

Date	Time	Duration	Venue	CPD	Cost (Incl. VAT)
9th - 14th Nov, 2026	8:30 AM-4:30 PM	6 Day(s)	Blooming Suites, Naivasha	6	81,200.00

Course Overview

Most team building fails because it lacks the bridge between "the activity" and "the workplace." This six-day certification transforms practitioners from mere activity coordinators into master facilitators of behavioral change. This program equips participants with the psychological depth and tactical agility required to design and lead high-impact team experiences. Participants explore the science of group dynamics, the Kolb experiential learning cycle, and the art of the "powerful debrief." By mastering the navigation of conflict, energy management, and emotional intelligence, facilitators develop the competence to lead diverse teams through complex group stages—turning shared experiences into measurable workplace performance and sustained organizational trust.

Course Objectives

By the end of this program, participants will be able to;

- Master Experiential Frameworks: Facilitate sessions using structured learning and group-dynamics models.
- Architect Purposeful Activities: Design bespoke indoor and outdoor interventions aligned with strategic goals.
- Navigate Group Tension: Manage resistance, conflict, and difficult behaviors with clinical precision.
- Apply Behavioral Psychology: Use coaching and motivation techniques to bridge team cohesion gaps.
- Conduct Strategic Debriefs: Master the art of converting activities into profound workplace insights.
- Measure Transformation: Evaluate the ROI of team building and design post-event sustainability plans.

Target Groups

This training is suitable to a wide range of professionals but will greatly benefit;

- Team Building Facilitators & Professional Trainers
- HR Practitioners, HRBPs, and L&D Professionals
- Organizational Development (OD) Practitioners
- Executive Coaches and Management Consultants
- Supervisors and Team Leaders seeking to build internal team synergy

CHRP. Den PN Gathitu
Secretary General

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